

## **STOP PRESS Ask About Asthma week – 12-18 September** [#AskAboutAsthma](#)

**Asthma advice and information drop in events for Children, Young People and their Parent/Carers in Cheshire East.**

Paediatric Nurse Debi Allcock will be out and about with the Health & Wellbeing buses on Tuesday 13<sup>th</sup> and Wednesday 14<sup>th</sup> September providing education and advice on childhood asthma for children, young people and their parent/carers and signposting to resources available. This is a great opportunity for families to drop in and speak with one of our healthcare professionals about triggers, how to recognise asthma attacks, symptoms and receive advice on asthma care, inhaler technique and much more.

Also joining the bus will be a representative from the children's centre who will provide information and support on resources available at local children's centres and one of our local school nurses from our 0-19 +service will be with us to offer support, advice, and guidance on care in schools.

Don't miss this brilliant opportunity to find out how you can support your child and young person with asthma care and understand where to access local help and support.

The Health & Wellbeing bus will be at the following locations offering a drop in service for families:-

### **Tuesday 13<sup>th</sup> September 2022**

- 8.30 – 12:00 - Booths Supermarket, Stanley Road, Knutsford, WA16 0BS
- 13:00 – 16:00 - Oakenclough Children's Centre, Colshaw Drive, Wilmslow. SK9 2PZ

### **Wednesday 14<sup>th</sup> September 2022**

- 8.30 – 11:30 - Crewe Lifestyle Centre, Moss Square, Crewe. CW1 2BB
- 13:00 – 16:00 - Monks Children's Centre, Remer Street, Coppenhall. CW1 4LY

We are proud to support #AskAboutAsthma in 2022 by making sure that every child and young person with #asthma – and their parents or carers – are aware of the four asks to manage their asthma:

1. Get an asthma action plan in place
2. Understand how to use inhalers correctly
3. Schedule an asthma review – every year and after every attack
4. Consider air pollution and its impact on lung health.

[#AskAboutAsthma](#) is an annual campaign is led by NHS England – London and encourages simple changes to children and young people's care that will make a big difference to how they experience their asthma. The campaign runs in September to coincide with children's return to school and the annual "September surge" in asthma presentations to urgent and emergency care.

If you would like more information on these events please email: Hayley Burnham, Child Health Hub Project Manager on [Hayley.burnham@mcht.nhs.uk](mailto:Hayley.burnham@mcht.nhs.uk)