

FAMILIES AND COMMUNITIES TEAM

PARENT CARER WORKSHOPS



Suicide and Self-harm awareness (90 minutes)

Visyon's Family and Community Wellbeing Team are pleased to offer a **90-minute Parent Carer Workshop** which will provide information, advice and strategies to empower parents/carers to effectively support children with their wellbeing.

The Programme is available to families in **Cheshire East** and will be held **at Visyon in Congleton** for **face-to-face** delivery. If you would like to book a place on the Programme, please contact FamiliesandCommunitiesTeam@visyon.org.uk who will contact you with further details. Places are limited and will be allocated on a first come basis.



Parent Carer Workshop

- Monday 5TH June 2023 at 6.00 pm – 7.30 pm.