

# WEEK 1 MENU

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	SPICE IS NICE	SPICE IS NICE
<b>MON</b>	<b>Chicken Tikka Masala</b> 🍷 🌿 Served with Wholegrain Rice and Spiced Cauliflower	<b>Catalan Spiced Bean and Potato Stew</b> 🌿 🍷 Served with Herb Dumpling and Spiced Cauliflower
	BURGER BAR	BURGER BAR
<b>TUE</b>	<b>Beef Burger</b> Served with Baked Garlic and Herb Wedges and Corn on the Cob	<b>Veggie Burger</b> 🌿 Served with Baked Garlic and Herb Wedges and Corn on the Cob
	CLASSICS	CLASSICS
<b>WED</b>	<b>Honey Roast Gammon Baguette</b> Served with Roast Potatoes and Roasted Autumn Vegetables	<b>Macaroni Cheese</b> 🌿
	STREET	STREET
<b>THUR</b>	<b>Chicken Katsu</b> 🌿 Served with Wholegrain Rice	<b>Korean Glazed Quorn Flatbread</b> 🌿 Served with Satay Sweetcorn
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>Quorn Sausage Roll</b> 🌿 Served with Chips, Baked Beans and Peas

### HOT DISHES:

**Paninis**  
**Pasta and Sauces**  
**Freshly Baked Pizza**  
**Soup and Bread**  
**Jacket Potato and Toppings**

### SALADS:

**Tuna and Sweetcorn Pasta Salad** 🍷 🌿  
**Pesto Pasta Salad** 🌿 🌿 🍷  
**Roasted Indian Chickpea Salad** 🍷 🌿

### SANDWICHES/BAGUETTES:

**Ham and Cheese Sandwich**  
**Chicken Salad Sandwich**  
**Cheese Baguette** 🌿  
**Tuna Mayo Baguette**  
**BLT Baguette**

### WRAPS:

**Pepper and Houmous Wrap** 🌿 🌿 🍷  
**BBQ Chicken Wrap** 🌿 🍷  
**Chicken Caesar Wrap** 🌿 🍷

# WEEK 2 MENU

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	CLASSICS	CLASSICS
<b>MON</b>	<b>Sausage and Mash</b> Served with Vegetables and Gravy	<b>Vegetarian Sausage and Mash</b> ♻️ Served with Vegetables and Gravy
	FEASTIVAL	FEASTIVAL
<b>TUE</b>	<b>Chilli Beef Cheese Nachos</b> 🌿 Served with Salad	<b>Rajasthani Red Lentil Curry</b> ♻️ 🍷 🌿 with Wholegrain Rice
	HOT DELI	HOT DELI
<b>WED</b>	<b>Sage and Onion Chicken Rolled Flatbread</b> Served with Roast Potatoes and Gravy	<b>Roasted Rainbow Vegetables with Houmous</b> ♻️ 🍷 Served with Flatbread Fingers
	NOODLE BAR	NOODLE BAR
<b>THUR</b>	<b>Chicken Yakisoba</b> Served with Vegetables	<b>Soya Yakisoba</b> ♻️ 🍷 Served with Vegetables
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Southern Fried Chicken Wrap</b> Served with Chips, Baked Beans and Peas	<b>Cheese and Onion Bake</b> ♻️ Served with Chips, Baked Beans and Peas

### HOT DISHES:

Paninis  
Pasta and Sauces  
Freshly Baked Pizza  
Soup and Bread  
Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad 🍷  
Pesto Pasta Salad 🌿 ♻️ 🍷  
Roasted Indian Chickpea Salad 🍷 ♻️

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette ♻️  
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap ♻️ 🌿 🍷  
BBQ Chicken Wrap 🌿 🍷  
Chicken Caesar Wrap 🌿 🍷

# WEEK 3 MENU

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	STREET	STREET
<b>MON</b>	<b>Buffalo Chicken</b> Served with Baked Garlic and Herb Wedges, Mixed Salad and Ranch Dressing	<b>Butterbean, Blackbean and Coconut Stew</b> ♻️ 🍷 🌱 Served with Wholegrain Rice and Mixed Salad
	PAN ASIAN	PAN ASIAN
<b>TUE</b>	<b>Sweet and Sour Beef Meatballs</b> 🌱 Served with Wholegrain Rice and Satay Sweetcorn	<b>Teriyaki Vegetarian Wrap</b> ♻️ 🌱 🍷 Served with Satay Sweetcorn
	HOT DELI	HOT DELI
<b>WED</b>	<b>Roast Pork and Stuffing Baguette</b> Served with Baked Garlic and Herb Wedges	<b>Sticky BBQ Quorn Pitta</b> ♻️ Served with Baked Garlic and Herb Wedges
	ITALIAN	ITALIAN
<b>THUR</b>	<b>Beef Lasagne</b> 🌱 Served with Garlic and Herb Bread and Mixed Salad	<b>Vegetarian Lasagne</b> ♻️ 🍷 Served with Garlic and Herb Bread and Mixed Salad
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>Vegetable Tikka Sausage Roll</b> ♻️ Served with Chips, Baked Beans and Peas

### HOT DISHES:

Paninis  
Pasta and Sauces  
Freshly Baked Pizza  
Soup and Bread  
Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad 🍷  
Pesto Pasta Salad 🌱 ♻️ 🍷  
Roasted Indian Chickpea Salad 🍷 ♻️

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette ♻️  
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap ♻️ 🌱 🍷  
BBQ Chicken Wrap 🌱 🍷  
Chicken Caesar Wrap 🌱 🍷